

Kelly Agathos
Improv teacher, director & performer



Contact Details

Tel: + 32 478056383

Mail: kelly.agathos@gmail.com

Web: www.kellyagathos.com

Kelly discovered improvisation in 2010 and instantly fell in love with the art form. She is one of the pioneers of anglophone improvisation in Brussels, co-founding 'ATC Improv' and 'The Ghost Sheep' in 2012. In 2017, after years participating in improv festivals and traveling the globe to be taught by world renowned improvisers, Kelly created [ImproBubble](#). The aim of ImproBubble is to deepen, broaden and professionalise the range of improv opportunities and training available to Brussels based improvisers. Kelly is the company's current Artistic Director.

Kelly regularly performs in ImproBubble's professional productions and with her bilingual (French-English) trio, Jeu de Balle. She is the curator and producer of anglophone shows at [l'Improviste](#), Belgium's only theatre dedicated solely to improvisation. She is also the co-founder, host and director of ['The Schuman Show'](#) a European late-night-meets-SNL comedy show which marries sketch comedy, stand up and improv.

Kelly also teaches, directs and performs throughout Europe, both as an invited guest and on the international improv festival circuit. She is a proud member of Project Eve; a pan European collective of female improvisers, dedicated to exploring gender on and off stage. As a language lover, Kelly relishes improvising in all her spoken languages, which to date are English, Greek and French. Her Italian is also abbastanza decente.

Kelly's style

- An avid believer of comedy as a consequence, not as a goal.
- Likes to zone in on emotional connections and relationships as drivers.
- Loves focusing on timing, justification and group support. They so often make or break a scene.
- Her favourite improv saying is 'Bring a brick, not a cathedral'

Improv Festival Performances

- Barcelona Improv Festival, ES (2021)
- Improdrom, PL (2019)
- Oslo Impro Festival, NO (2018)
- Impro Amsterdam, NL (2018)
- Lyon Improfest, FR (2018)
- Sofia International Improv Festival, BG (2017 & 2018)
- Copenhagen Improv Festival, DK (2017)
- Impro Fest Ireland, IE (2014 & 2016)

Teaching abroad as a guest improviser

- The Hague, NL (2022 & 2021)
- Amsterdam & Utrecht, NL (2022)
- Barcelona, ES (2021)
- Samothrace, GR (2021)
- Ljubljana, SI (2018)
- Yachay, EC (2017)
- Bologna, IT (2016)

WORKSHOPS

You are Always 'On'

When a scene we are not 'part of' starts unfolding on stage, we often tend to lower our guard. Our body goes from alert to relaxed, often sitting or leaning against the wall. And before we know it, we've gone into 'spectator' mode, no longer as quick to pick up on vital cues or ready to jump in at a second's notice.

If this pattern sounds familiar, then this workshop is for you! We will practice being switched on; we will explore the multiple ways we can contribute, either from the sidelines or by entering the scene. We will also see when it's worth staying out, and what a difference it makes when it's an active rather than passive choice.

Hours: from 3 to 12

Participants: 8 min, 16 max

Notice Everything

During improv shows, our scenes can often suffer from too much going on, or from vital cues not getting picked up. The stress of being onstage gets to us and we either try to compensate by adding more or miss the offers our partners make. But how can we keep our brains from going into overdrive and truly stay in the moment with our partners, reacting to what is already there instead of inventing new things? How can we trust that what we have is enough?

This workshop will focus on exercises that will help slow us down, quiet our inner critic, make us speak less, heighten our perceptiveness and keep us attune to the rich world that has already started unfolding in our scene. We will create scenes that prove that we are all we need.

Hours: from 3 to 9

Participants: 6 min, 16 max

X Marks the Spot

We've all been there, stuck in a scene in which nothing has been defined. Of course, we want to 'go' somewhere; but because the platform, relationships and characters are not clear, the way forward seems just as foggy. The good news is that we can focus on two simple elements, justification and specificity to get unstuck and fire up our collective inspiration!

When we describe a particular brand of cigarettes, put on a specific outfit, act out the exact type of shot used to score a goal, what we do or say on stage comes alive in a more vivid and enjoyable way, not only for the audience, but also for our fellow players!

And when we notice what's already there, explain it or provide the context, then there's no need to add new elements- we simply use what we've already built on to clarify, contextualise or create patterns which will greatly enhance both our enjoyment and that of the audience.

Just like the 'X' which marks the spot on a treasure map, justification and specificity are a winning combination that can turbocharge your improv skills and inspire you and your partners in new and surprising ways.

Hours: from 6 to 12

Participants: 8 min, 18 max

Improvising a Romantic Comedy (format)

We all love a good romantic comedy: the meet cute, the drama, the break-up, the airport chase followed by the (very public) declaration of undying love...! In this workshop, you'll discover the genre's tropes, get to play with them (and even turn them on their head!). By the end of the workshop, you'll experience how much fun improvised rom coms are to play and, if there is a showcase, see what a satisfying crown pleaser they can be!

Hours: from 6 to 12

Participants: 6 min, 12 max

